



NSP National Board Election 2008 Make Your Voice Heard



BE AN INFORMED VOTER— find "Ask the Candidates" by logging in www.nsp.org member services and clicking on "forums."

Dolores LaLiberte, Division Director

Of the many things, I wish to cover in my second communication to the Division Members, the most critical is to alert you to the upcoming National Board elections that are opening October 15 through December 1, 2007.

The Board will now, for the first time, be completely staffed by members selected through elections open to all NSP members. I urge you to take the time to be a part of this critical milestone in NSP's history by casting your vote.

National has signed a contract with a new company, Vote Net. We have gone to all electronic voting in order to reduce the postage cost of paper ballots and simplify the voting process. The savings is significant.

In order to vote you will need access to a computer. Go to the Vote Net

web-site <https://eBallot3.votenet.com//NSP>. Enter your last name and your NSP registration number to sign in. Follow the instructions on the web-site and cast your vote. Web-site access information will also be provided via the NSP web-site and a member e-blast. If you are not already on-line, please find a computer to get this information, i.e. your local library.

If you have e-mail access and you have not updated your e-mail address on the National site, please do so as soon as possible.

There are currently four positions open on the National Board, with no incumbents. There are sixteen candidates for the positions. You can open their applications and platform statements for review by going to the NSP website. I encourage you to take an active part in this process; it is very important that everyone votes. These individuals are the people who will help guide the future of the National Ski Patrol.

Here's Your Opportunity

Similar to the "Ask the Board" feature on the National website, a new "Ask the Candidates" forum has been added. Members are invited to pose questions to the 16 candidates as a group. Questions cannot be addressed to individual candidates, but all have the option of responding. You'll find "Ask the Candidates" by logging in [www.nsp.org member services] and clicking on "forums." Take a moment to review the candidates applications and platforms and be an informed voter.

NEW!

**ASK THE
CANDIDATES**

Check it out at

www.nsp.org

Tidbits from the PNWD

By Dolores LaLiberte, Division Director
ath@air-pipe.com (208) 687-1032

Well it is that time of year. You know, getting cooler, leaves turning color and the time many of us begin to think about the up coming ski season. Time to find your ski gear, tune the skies, update your first aid pack and attend ski conditioning classes. Oh! Do not forget to attend an annual OEC Refresher. However, by the time this article comes out most Refreshers will be completed.

Assistant Division Director. He will be handling all the questions and business

office it is forwarded on to them for dissemination to all patrollers in the Division. Nothing earth shaking has happened, but the information is nice to know.

If you have further questions about any of the above information, please feel free to contact me at ath@air-pipe.com. I will answer your e-mails as promptly as possible.

Thank you all for being Ski Patrollers and taking an active part in not only patrolling on the hill, but in the educational, recruiting, and social part of the association. You are all appreciated. Hope to see many of you this winter.

Have a great ski season!

“Thank you for being Patrollers and taking an active part... you are all appreciated.” Dolores

The PNWD had a super Convention at the Embassy Suites, near the Portland, Oregon airport. A heart felt thanks to Rod Legg and his staff for hosting a fun filled, educational weekend. It can be a great experience for patrollers; we learn new information and skills, attend business meetings, listen to knowledgeable speakers, and have a great social gathering. Most of us come away with good feelings about belonging to the National Ski Patrol. Those who were not able to attend the '07 Convention will be able to come and enjoy the 2008 Convention in The City of Spokane Valley, Washington. Contact Ken Hoffmann, Chairman at kenhoffmann@comcast.net.

in regard to medical and OEC plus helping me out with any other business that comes up. Tom Fellows has been appointed to the position of Senior/Certified Advisor. He will be working with both the S&T and OEC people coordinating the Senior Program and helping individuals with the Certified Program. We now have a new editor for the Nor'wester. We are lucky to have Patt Kelly-Pollet volunteer for this position. You are receiving this publication because she was able to find solutions to all the problems that arose with bulk mailings, printers, etc. I want to thank not only the above advisors for volunteering, but also all the others that have agreed to work on the PNWD advisory staff. I have also, been in contact with the Region Directors over the summer. When information arrives from other divisions and the national



It as been a rather busy summer with business as usual for the PNWD. If you are not aware, Jim Whittaker is the

New Staff at the National Headquarters



www.nsp.org

There has been a reorganization of the National Office, there are new staff members.

If you call, please be patient and considerate as they are still in the learning curve. They are: Executive Director, Tim White; Education Director, Denis Meade; Special Projects Mgr., Karen Kalafat; Communications Director, April Darrow; Member Services, Cheri Overton. Michelle Perry, Advertising and Sponsorship and Carol Hudson, Member Services are now full time NSP employees.

Other new volunteers appointed by the NSP are: Ed Humphrey, Instructor Development; Dick Woolf, Telecommunications; Dave Esty, National Marketing Counsel.

Woolf, the National Telecommunications Advisor will be sending information about upcoming changes is the FCC regulations. He has been in contact with Bernie Goddard, the PNWD Telecommunications Advisor. For more information contact Bernie at bhgoddard@aol.com.

Approved 07-08 Budget

By Rick DeBenedetto, Comptroller

Rick_DeBenedetto@comcast.net (509) 328-7751

I took over for Dolores LaLiberte as the new PNWD Comptroller in June of this year. I changed accounting packages from Simply Peachtree® to QuickBooks® with this fiscal year. I am in the process of consolidating all of our banking with US Bank and have negotiated favorable rates. I have included our year to date Profit & Loss Statement and our Balance Sheet along with our adopted budget from the August convention. If you have any questions, I can be reached at 509.328.5511 (days) and (509) 927.8846 (evenings). My email is Rick_DeBenedetto@comcast.net. **(continued on Page 4)**

PNWD National Ski Patrol Profit & Loss Budget Overview

	<u>Jun '07 - May 08</u>
Income	
Alumni Program	1,660.00
Convention Income	1,000.00
Convention Profit	1,000.00
Interest	2,000.00
Registrations	28,000.00
Ski Flight	1,000.00
Total Income	34,660.00
Expenses-Administrative	
Administrative Rosters	-300.00
Miscellaneous (Copies, Etc)	
Controller	-50.00
Director	-20.00
Registrar	-25.00
Secretary	-50.00
Total Miscellaneous (Copies, Etc)	-145.00
Office Equipment	
Controller	-1,600.00
Total Office Equipment	-1,600.00
Office Supplies	
Controller	-150.00
Registrar	-25.00
Total Office Supplies	-175.00
Postage	
Controller	-75.00
Director	-50.00
Registrar	-150.00
Secretary	-10.00
Total Postage	-285.00
Spring Meeting Expense	-600.00
Telephone	
Director	-200.00
Total Telephone	-200.00
Travel Fall Board Meeting	
Advisors	-6,400.00
Controller	-600.00
Director	-620.00
Legal	-550.00
RD Travel	-525.00
Registrar	-600.00
Secretary	-550.00

	<u>Cash Basis June 1 through October 2, 2007 Jun 1 - Oct 2, 07</u>
Income	
Contributions/Gifts/Donations	
United Way	99.55
Total Contributions/Gifts/Donations	99.55
Gross Income Fundraisers	
OEC Training	
Registration/Course	1,480.00
Total OEC Training	1,480.00
Other Fund Raising	
Alumni Programs	1,660.00
Convention	5.00
Nuts and Bolts	791.00
Ski Flight	2,108.00
Total Other Fund Raising	4,564.00
Total Gross Income Fundraisers	6,044.00
Interest Earned	1,128.74
Registration/Dues	195.00
Total Income	7,467.29
Expense	
Administrative Supplies/Expense	
Copies	22.26
Office Supplies	109.59
Total Administrative Supplies/Expense	131.85
Conference/Convention/Meetings	
Awards	1,066.42
Conference 2nd Fiscal Year	1,000.00
Total Conference/Convention/Meetings	2,066.42
Equipment/Maintenance	
Office Equipment	1,628.98
Total Equipment/Maintenance	1,628.98
Fundraisers	
Reconciliation Discrepancies	-531.40
United Way	99.55
Total Fundraisers	-431.85
Insurance/Miscellaneous	128.00
Postage	738.95
Printing/Publications	
NorWestor	573.95

Thirty-Five Patrollers Head for Torino

By Jack Melill, Ski Flight Advisor
jack.melill@juno.com (425) 313-4632

The group will depart on Air France, then fly over the Pole to Paris and then on to Torino where we will stay in the Olympic center of Sesterie. This central location in the Milky Way Region allows access to ski runs of five areas and into France.

A planned meeting with the Italian Ski Patrol to compare techniques and organizational set-up has been organized during the week. A tour of the Olympic sites and city of Torino is also scheduled.

Late sign-ups should contact Ski Flight Advisor Jack Melill at jack.melill@juno.com or call 425 313 4632 as soon as possible too be included in this years trip.

Mission Ridge followed by Bogus Basin

led the way in number of participants attending this year's Ski Symposium to

IT'S NOT TO LATE TO SIGN UP

CONTACT JACK

jack.melill@juno.com

Europe. Registered persons are: Marvin Barham, Mission Ridge, Mary Borah, unaffiliated, Jennifer Burke, Bogus Basin, Noni Clark, Mission Ridge, Jerry and Jennifer Dahl, Crystal Mountain, Kelly Hays, unaffiliated, Dan and Georgia

Hensley Assistant Leaders, Mt Spokane, Jennifer Erwin, Alpentel, Don Furlong, Alpentel, Donald and Ruth Flannigan, Mission Ridge, Carol Fountain, Bogus Basin, Bill Hollowell, and Margaret Johnson, Summit at Snoqualimie-Central, Randy Harrison, Bogus Basin, Jerome Johnson, unaffiliated, Maria Karnowski, Bogus Basin, Jack and Donna Melill Group Advisors, Alpentel, Rebecca Matylinski, Mission Ridge, Jon and Kathy Mathis, Mission Ridge, George and Marianne Makela, Mission Ridge, Jill Rinaldi, Silver Star, Gail (Pilger) Sanderson, Crystal Mountain, Mark Stephsen, Bogus Basin, Andrew Scott, Mission Ridge, Robert Schumzler, Mission Ridge and Gary and Janis Woolard, Hidden Valley, Mo. Illinois.



Photo at left, courtesy Jack Melill, Ski Flight

Approved 07-08 Budget

(Continued from Page 3)

Ski Flight Registration Form Torino, Italy

Yes! Register me for Ski Flight Torino 2008. Enclosed is my deposit of \$250. Reserve my space.

Name (as it appears on passport) _____

Address: _____

Email: _____

Roommates Name: _____

Signed: _____ Date: _____

Questions, call Jack Melill (425) 313.4632

Mail: 25406 SE 138th, Issaquah, WA 98027

PNWD National Ski Patrol	2:55 PM
Balance Sheet	39357
As of October 2, 2007	Cash Basis Oct 2, 07
ASSETS	
Current Assets	
Checking/Savings	
PNWD Checking US Bank	11,113.33
OEC Checking US Bank	11,625.10
Money Market US Bank	30,000.00
CD US Bank	60,000.00
Total Checking/Savings	112,738.43
Total Current Assets	112,738.43
TOTAL ASSETS	112,738.43
LIABILITIES & EQUITY	
Equity	
Opening Bal Equity	117,254.61
Net Income	-4,516.18
Total Equity	112,738.43
TOTAL LIABILITIES & EQUITY	112,738.43

Registration Information Key

By Lynn Coffey, Registrar,
CLSKIERS@comcast.net (425) 483-4091

We are getting the weather news from our local channels saying that the snow level is dropping in the mountains. There may be a hint of an early ski season. As we all get ready for the new 2007/2008 ski season, we are completing OEC, CPR and On-hill refreshers.

As you attend some of the refreshers your Patrol Representatives and their Registrar of the patrol are gathering information and money from you. There is a lot of paper work for them to accomplish. If you have updated your Patroller status or training during the past year, verify this with your Patrol Representative or Registrar so they may submit the proper registration forms. Please make sure if your ad-

dress and/or email address has changed that you update it with your Patrol Representative or Registrar. With out this critical information you will not get the updates from National, the Nor'wester or your copy of Ski Patrol Magazine.

I want to take this time to wish all of you all a Happy Thanksgiving, a very Merry Christmas and a great winter of patrolling.

Be safe out there!



**DIVISION REGISTRATION
DEADLINE
DECEMBER 01, 2007**

New Avalanche Instructor's Manual

By Eric Geisler, Avalanche Advisor
ericgeisler@yahoo.com (509) 220-4712

Many of us have already experienced the first snow of the season. For most of us it brings joy but to the avalanche community it may also signal the start of another winter of tracking snow and its ever changing stability.

Change is also coming to our avalanche world in the form of a new Avalanche Instructors Manual (AIM). Advisors from across the country have been working feverishly to get the final edits done in time for this season. The emphasis has remained to keep the course content compatible with the American Avalanche Association (AAA) Guidelines. NSP will continue to require an organized rescue module in addition to the AAA suggested curriculum. However, for non-NSP courses this module may be omitted. There has also been considerable discussion on how to bridge other courses over to NSP for credit. The rescue module will be one key element in accomplishing this.

There is a new text, "Powerguide: Managing Avalanche Risk", which replaces "Avalanche Safety for Skiers and Climb-

ers". It is available through the NSP catalog although it can also be ordered in quantity from Alpen Books at a substantial savings.

When teaching an avalanche course, the CD, "A Dozen More Turns", makes an excellent opening and is especially great when examining the human factors involved. It is available from Friends of the Gallatin National Forest Avalanche Center (www.mtavalanche.com) for a shipping fee around \$6.00. I also have several copies which I will be sending out to the Region Advisors.

As your new Division Avalanche Advisor I would like to hear your comments on the program, its delivery, and its direction. I would like your input on whether the Division website would be a good place to post information on up coming events of this type. If so would the avalanche instructors are willing to keep it

current? How would patrols and instructors feel about setting a course fee (\$10 for Avalanche Fundamentals/Avalanche I and \$25 for Avalanche II) with the

money going towards program improvement such as teaching aids, guest speakers for Division or other meetings, and/or National Avalanche School scholarships? Another area I'd like to hear

from all of you about is whether each person in a Level II course wears a beacon each field day of the course. How many do not own a beacon? Does each Level II participant own a snow study kit? Should such a kit be part of the course? Should we set a kit standard? Lots of room for thought and input here!

**Mark your calendar!
International Snow
Science Workshops
(ISSW)
Whistler Mountain
October 2008.**

What's New on the Ski Slopes!

By Scott Kaden, PNSAA Director
(541) 386-9600

With a promising winter weather forecast, and snow already falling in the mountains, ski area operators are working hard to complete chairlift installations, ski trail projects, and base area enhancements. The region's ski area operators are putting the customary, finishing touches on guest programs, as well as the routine improvements to buildings, lifts, parking lots, and access roads. Larger resort improvement projects are summarized below. For additional detail on these improvements, call the PNSAA office or the mountain directly.



the Payette River Mountains and expansive backcountry terrain to explore in the Boise and Payette national forests.

IDAHO Brundage Mountain Resort invested \$3.1 million in the construction of two, triple chairlifts – the Bear Chair and the Lakeview Lift. This tandem of chairlifts boosts the resort's uphill lift capacity (from 3,100 people per hour to 6,700 people per hour), serves 160 acres of new terrain of the south side of Brundage Mountain, and improves lift service to the low-angle terrain of Bear Knob. **Lookout Pass** installed the North Star Chairlift, which provides access to six new trails (three rated expert and three rated intermediate). The recent additions of the North Star and Timber Wolf chairlifts have tripled the size of **Lookout Pass** since 2003. **Schweitzer Mountain Resort** invested more than \$10 million to prepare its facility for 2007-2008. Two new chairlifts – the Basin Express and the Lakeview Triple – have replaced Chair One and improved lift access to the South Bowl's expert terrain, the resort's freestyle terrain, and the popular Midway Trail. To improve its accommodation of groups, **Schweitzer Village** now features the Cirque Group Welcome Center. **Schweitzer Mountain** also will sport an additional \$2 million in snowmaking and snow surface grooming equipment. **Silver Mountain Resort** gladed much of the terrain in the Chair 2 Basin, invested millions of dollars in Phase II of the now open Morning Star Lodge, and is making final preparations for the early 2008 opening of **Silver Rapids** – the resort's year-round, indoor waterpark. **Silver Mountain** also refurbished Chair 4 and installed a 6th lane to its snow tubing park. This winter, **Tamarack Resort** will build and maintain to Olympic specifications the Hells Canyon SuperPipe (22-foot high walls). **Tamarack Resort** also added two, new alpine ski trails and acquired the license to run its own snowmobiling operation – 350 miles of groomed trails in

OREGON Mt. Bachelor completed an extensive grading project where the Getback Trail merges with Chipper to improve the return to West Village. In addition, recontouring of the top portion of the Slopestyle Arena will provide more consistent grades and improved jump placement. **Mt. Hood Meadows Ski Resort** constructed a new Patrol Headquarters Building near the top of South Canyon. The two-story, 1,240-square foot structure is the resort's first LEED-certified building. **Mt. Hood Meadows** also remodeled the North Lodge – to create more attractive and welcoming restrooms on the first floor – and refurbished the Yellow Chair (new drive and bail-style chairs). **Timberline Ski Area** installed the Jeff Flood Still Creek Basin Chairlift, which serves eight, new trails in Still Creek Basin. This high-speed quad provides lift access to approximately 220 acres of new terrain and is Mt. Hood's longest chairlift (6,700 feet).

WASHINGTON With the installation of the Sunrise Quad and development of Sunrise Basin's 12 alpine ski trails complete, **49° North** spent the summer designing six, new alpine trails and several gladed descents in the terrain west of Chair 4. The resort will build the Angel Peak trails and glades next summer. **Crystal Mountain** installed the Northway Chairlift, which increases the ski area's uphill lift capacity to 20,310 people per hour. The Northway Chairlift provides access to approximately 1,000 acres of skiable terrain, adding yet another facet of skiing to the resort's 2,300 acres of lift-served terrain. **Mt. Spokane Ski & Snowboard Park** doubled the capacity of its tubing hill with the addition of several new lanes and tubes. **Mt. Spokane** purchased a Prinoth BR350 Sherpa to ensure professionally cut

halfpipes and terrain park features. The winch-equipped grooming vehicle will help with other grooming tasks as well, including the preparation of race venues.

ALASKA Alyeska Resort invested more than \$4.5 million in on-mountain improvements, including snowmaking coverage that blankets trails from the upper tram terminal to the base of the mountain

(ensuring an opening of the entire mountain by the Thanksgiving holiday). Extensive trail reconstruction in the upper mountain will improve the trail performance of Weir, Von Imhof, Denali, and Waterfall. Magic Carpet Ski Lifts moving carpets were added to improve the beginner guest experience at both the hotel and the resort. The guest rooms of The Hotel Alyeska also received a \$3.5 million upgrade.

MONTANA Whitefish Mountain Resort invested \$7.1 million in the resort's lift network – purchasing a high-speed, quad chairlift to replace the Glacier Chaser Chairlift and installing another high-speed, quad chairlift that upgrades, extends, and re-aligns the Swift Creek lift. The resort also spent \$10.7 million on the construction of The Base Lodge – a 35,000-square foot lodge situated near the bottom of Chair 6. A new Professional Services Building sits immediately adjacent to The Base Lodge, housing the Ski and Snowboard School, Ski Patrol Headquarters, and a state-of-the-art clinic. **Whitefish Mountain Resort** tripled the snowmaking capacity of the Fishbowl Terrain Park and Superpipe and committed additional resources to enable the resort to open the Fishbowl in time for the Christmas holiday. The resort also will expand the features of the Fishbowl Terrain Park, ensuring a progression of park features appropriate for all rider abilities.

Several Pacific Northwest ski areas are waiting for USDA Forest Service approvals to move forward with additional, on-mountain investments. For more information on these proposed facility enhancements, contact the PNSAA office at (541) 386-9600.

Crystal Mt. Improvements

(continued from Page 6)



Crystal Mountain installed the Northway Chairlift, which increases the ski area's uphill lift capacity to 20,310 people per hour. The Northway Chairlift provides access to approximately 1,000 acres of skiable terrain, adding yet another facet of skiing to the resort's 2,300 acres of lift-served terrain.

Photos courtesy of Tiana Enger, Crystal Mountain



National Focus on Retention & Recruitment

The National Board of Directors formed a committee to deal with Retention and Recruitment issues. The committee is chaired by Tom Horak from the Central Division. I believe that a list of questions was sent to patrollers for their consideration. However, I will include them in

this article for your convenience. Please take an active role by reading, answering and sending them to Mr. Horak at Thomas@train2ski.us.

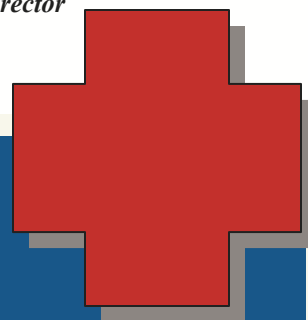
It is my opinion that patrollers want to feel appreciated and treated with respect. Individuals who feel

appreciated are more willing to make an effort for those who make them feel valued.

Dolores LaLiberte
Region Director

Survey Says:

- Do you agree that the Retention/Recruitment responsibility sits at the PD level.
- What do you recommend we do to address this issue?
- Does a PD101 course, or some other form of PD Training exist and if not do you think it should?
- What are the most significant reasons that Patrollers leave the NSP or your patrol?
- What do you think we can do to address the attrition issue?
- It is determined we need to elevate the way we treat auxiliaries. What do you think we can do to address that issue?
- What methods are used by your patrol to recruit candidates?



Southern Idaho Region

By David Ulrich, Region Director
dulrich@imftech.com

Greeting from Southern Idaho. We have all ready had snow at some of the area's the last weekend in September so winter is just around the corner and time for another Ski Season to begin. Three area's have already completed their Refreshers for this upcoming season and the rest are around the corner, I attended one with a great job done by the Instructors. For those Instructors helping to put on the Refreshers a Big Thank You from NSP, Division and the Region for your time and dedication to the program. Below is a list of those Refreshers yet to come, if you have not attended a refresher yet please make sure you get to one of these. Payette Lakes - Nov. 3/4 - Brundage, Pomerelle - Oct. 21 On Hill - Nov 4 Dorshack Grade School, Burley, Soldier Mountain - Nov. 10 - CSI Round Building, Gooding - Nov. 11 On Hill, Ferguson Ridge - Dec 2 - Ferguson Ridge Ski Area.

Recruitment - Candidate Classes are in progress or in the planning stages at many of our area's. See where and what you can do to help, if you know someone that is interested in becoming a Patroller or has even talked about it get their name or have them call your Patrol Director. Senior Clinic's are Scheduled for Anthony Lakes - January 12, 2008 and Brundage Mountain February 9, 2008 with Senior Applications and Senior Scenario's due to Andy Youngblood by January 16, 2008. Remember if you are or want to go for Senior Patrol Status please get with your Senior Trainer at your Patrol. The Eddie Orbea Senior

Evaluation will be Hosted by Bogus Basin on March 8/9, 2008.

Being an OEC IT is a job not a merit badge. They are recommended by region and approved by PNWD and NSP as needed. If not needed or active as an IT you will not be reappointed. As an IT you are responsible for the quality of the program. You make sure that the standards of NSP are being followed. As an IT you will need to travel outside of your own patrol. You will be asked to IT at least one of the following each year at another patrol or at the patrol level; refresher, OEC written test, OEC on hill tests. You might be asked to help at the Senior Evaluation also. You are a Region resource.

Southern Idaho Nordic and Bogus Basin Ski Patrol will be needing a lot of help the next couple of years. Bogus Basin will be hosting the National Special Olympics in 2008. They are expecting about 4000 people. Then in 2009 Bogus Basin will be hosting the Special Olympics World Games with an expected 12,000 people. What a way to promote the Southern Idaho Patrol's and Ski Patrolling in general. The dates for the 2008 Invitational Games are February 25 through 28. Then in 2009 the World Games on February 6-13. Information seems to change from time to time due to the varying logistics and other challenges that come up. It would be best for everyone to check out the special Olympics website at www.2009worldgames.org for current information. Please contact

Randy through the website www.nordicskipatrol.org or his e-mail address a360guy4u@juno.com. Alpine patrollers can make contact through www.bbbsp.org. Although they are raising their Nordic patrol member numbers from 9 to 33, they do need extra help. Being part of the Special Olympics is very satisfying. Please join Bogus Basin and the Southern Idaho Nordic's with any and all the help you can give. They will have specialized training coming in November, December and January to help patrollers become more familiar with being of service to these special needs. Each class is open to all patrollers, if interested contact Randy.

There are already two Toboggan Clinic's scheduled: January 26, 2008 - Toboggan Clinic at Soldier Mountain contact Terry Ruby and January 26, 2008 - Women's Toboggan Clinic at Soldier Mountain contact Heather Van Houten.

The Fall Region Meeting is in Jackpot, Nevada - October 13, 2007 Hosted by Soldier Mountain Ski Patrol. Contact is Tom Baldwin at waterrat@bigplanet.com for details. Soldier Mountain promises it to be a good time and come be involved in shaping the future of your Region.

If any Patroller in the Region has a issue or question on anything please feel free to contact me via email. or call me at (801-369-2731). Thank you for letting me be your RD.

Let it Snow !

New PNWD Nordic Advisor

By Joseph Calbreath
calfam3@comcast.net (541) 954-9998

As the new Nordic Advisor for the Division, I'm just getting myself organized. I haven't had a chance to set up any clinics except in my home Oregon Region. We have a Nordic Ski and Toboggan clinic scheduled at Hoodoo Ski Area, January 12&13th. Contact: Steve Oder 541-758-3008/ sjo@proaxis.com. This is a chance to

upgrade your skills at the Senior level. The clinic runs both Sat. and Sun. and there is space in the old lodge to spend the night. Sat. dinner and Sun. breakfast will be provided by the Oregon Region. My hope is to help other regions set up and run similar clinics on an annual basis like we have here in the Oregon Region. These clinics will give Nordic

Senior candidates an opportunity to train and 'mock test' for their senior Nordic S & T requirements.

I will be making contact with all the Region Nordic Advisors this season to talk about setting up clinics in their area. I invite all Nordic Senior candidates and Advisors to attend our clinic in January.

Northwest Region

By Liz Dodge, Region Director
dodger@ix.netcom.com (206) 542-9160

It's early October and as I write this the news just reported that Mt Baker got 16 inches of snow last night. The season is not far off.

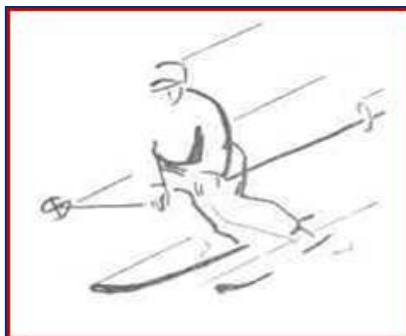
The NW Region is a busy place this fall, with a full season of training and change ahead of us.

There are changes in the wind. First I'd like to introduce our newest patrol directors: Cascade Backcountry – Erik Hagstrom, Crystal Mt – Peter Schwartz, Hurricane Ridge – Mimi Tiderman, Summit East – Jay Magruder, and Summit West – Lyle Sheen. These individuals bring strength, guidance, and value to their patrols.

The Crystal Mt volunteer patrol is undergoing reorganization and staff changes at the request of their area management. While these include a significant reduction in the number of volunteer patrollers (about 40%) the patrol is handling it with grace, professionalism, and will be successful in continuing to show their strength and value to the organization.

The Summit at Snoqualmie has had a change in operational management from Booth Creek Inc. to Boyne USA, but the area owner still remains CNL Properties.

No big changes are expected this season. If you've heard rumors that Crystal Mt bought or has otherwise taken over the operations of the Summit at Snoqualmie, these are not true. What is true is that Boyne USA operates the Summit at Snoqualmie and also owns and operates Crystal Mt.



Our regional program advisors and patrol level trainers are not sitting back slacking by any means, they are conducting and planning many training opportunities for this season. The region hosted CPR/AED refreshers have started and to date over 200 patrollers have been refreshed/recertified. OEC refreshers are in full swing, and look to be well planned quality events. (Page 10 for calendar)

Our region website is continuing to improve and evolve at www.nwr-nsp.org; go take a look.

If you have any problems contacting directors or program advisors please let me know and I'll gladly assist you.

United Way – Most of us are very aware of the annual United Way fundraising campaign. You may or may not be aware that you can designate the agency / organization to which you want your donation to go. Did you know that our Ski Patrols are a recognized United Way Agency? So if you are so inclined, you can designate your donation to your patrol, region or division, and your donation will be sent to your designee. Please indicate the Patrols name and the United Way program/agency number 12396 on your donation form.

Any Patrollers in the Region who have a questions, concerns, or ideas that they would like to discuss should contact me via email at dodger@ix.netcom.com or phone at 206-542-9160.

I'm looking forward to lots of white fluffy snow this winter with great programs and camaraderie.

Think Snow!

New PNWD Alumni Advisor

By Josie Elting
imaginejosie@yahoo.com (514) 342-1105

Many long term patrollers and their respective patrols eventually reach the crossroad where the patroller's active contribution is increasingly challenged by the realities of other commitments or the aging process.

For the many ways the reality may manifest itself, there may be an equal number of accommodations created by willing patrollers and patrols that want to retain skills and friends within the patrol family. As a way for dealing with evolving patroller careers, patrols and patrol boards are urged to incorporate the Alumni path into their personnel development structure and policies.

Alumni registered members pay National dues of \$27 to retain an NSP ID number, and continue to receive national publica-

tions. Alumni may, at no cost, attend annual refreshers to maintain OEC, CPR, and Instructor certifications. Alumni may continue to hold local patrol, Region, and Division offices; continue instructing; and may be registered with their local patrol on the patrol's secondary roster.

So what is the real difference? For an Alumni member to continue to be affiliated with a patrol and registered on the secondary roster, the arrangement must be signed off by the PD. Other benefits such as ski passes continue to be a prerogative of management and patrol

agreements. All parties understand that the Alumni has withdrawn from being an active Alpine, Auxiliary or Nordic patroller. The alumni member is not required to meet a minimum number of duty hours or days.

For the PD and the Boards of local patrols, the Alumni are a terrific resource for teaching and assisting with patrol events. Their significant contributions add the richness of history, lore and education about NSP.

Lane Hoxworth
Oregon Region Alumni Advisor

Alumni vs. Active Status
Patrolling-
What's right for you?

Northwest Region Awards and Event Calendar

At the Region Awards Banquet last spring active and alumni patrollers from across the region gathered to reflect on the past season, acknowledge the accomplishments and honor award recipients.

New Alpine Senior Patrollers
Jack Brooks, Alex Kiwerski, and Tammy Ross, Summit Central; Tom Brown, Summit East; Ron Lewis, White Pass; Jennifer Olson-Wynkoop and Lorraine Phillips, Crystal Mt.

Region Outstanding Patroller Awards
Alpine – Steve Ferkovich, Crystal
Nordic – Frank Rossi, Summit East
Auxiliary – Dan Stockinger, Crystal

Outstanding Instructor Awards:
OEC Instructor – Liz Dodge, Summit Central; MTR Instructor – Dick Willy, Cascade Backcountry; Avalanche Instructor – Frank Rossi, Summit East; Alpine Toboggan Instructor – Noel Gilbrough, Crystal; Overall Outstanding Instructor – Liz Dodge

Other Outstanding Awards
Patrol Director – Walt Langkait, Summit East; Administrator – Mike Graves OEC Large Alpine Patrol - Summit East

Alex Kartes Memorial (Patrol Outstanding Training) Summit Central
Robert Miller Memorial (Service) Frank Rossi, Summit East; Robert Bauermeister Memorial (Administrative) Bob Larsen, Summit East;

Angel Pins were presented to spouses
Anne Turner, (Perry); Tammy Kiwerski, (Alex); Melody Frans, (Skip); Sandy Haydock, (Brad); Carl Ross, (Tammy)

The region also honored three individuals for many years of patrolling service.

Steve Ferkovich, Crystal Mt – 50 years
Bob Larsen, Summit East – 50 years
Harold Heacock, White Pass – 60 years

Each was given a beautiful Rosewood and Glass Clock to represent their time and commitment.

National Appointments were presented to the following patrollers.

10582 Tom Miner*, Summit Central
10584 Michael Graves, Summit Central
10586 Tim Heffron, Summit Central
10588 Dick Willy, Cascade BC
10600 Leisa Garrett*, Summit East
10602 Jay MaGruder, Summit East
* Presented after the region banquet.

Congratulations to All!!!

2007-08 Calendar

October

17, 19th – Instructor Development Course
20th – OEC Ref – Summit Patrols, Alp
27th – OEC Refresher – Mt Baker
27th – On Hill Refresher – Summit West

November

3rd – On Hill Ref. – Alpentel (Full day)
3-4th – Ski Swap - White Pass Ski Patrol
4th – OEC Ref – Summit Patrols, Alp
10th – OEC Ref – Crystal Mt., at Crystal
10th – Avalanche Level I White Pass
10-11th – Avalanche Level II White Pass
11th – On Hill Ref. – Summit Central
13th – Region Board and Awards Mtgs
17-18th – Avalanche Level II Summit Central

December

4, 11 – Avalanche Level I, Summit East
11th – Region Awards Committee Mtg
15th Division S&T Calibration Clinic,
(Region Advisors and RD's only)
15th – Field Trip - Avalanche Level I course, Summit East (Crn Dec 4, 11)

January 2008

5-6th Avalanche Level 1 – Mt Baker
8th – Region Board and Awards Mtgs
8th – Deadline for Senior Prg Applications
12th, 26-27th - Avy Level II White Pass
12th – Region Alpine S&T Evaluator Calibration Clinic, TBA
22, 23rd – Avalanche Level I – Alpentel
26th – FTrip - Avalanche Level I White Pass

February

TBA – Region Nordic S&T Training,
2nd – Region Sr. Alp S&T Training Clinic
2-3rd – FTrip - Avalanche Level I Alpentel
9th – Sr. EMM Evaluator Calibration Clinic,
9th – Sr. EMM Candidate Training Clinic,
Written and new Scenarios due.
12th – Region Awards Meeting
16th – Division Women's Only S&T Training Clinic, Summit East
16th – Region TES/SES, Loc: TBA
23rd – Avalanche Level I course, Summit Central (Field Trip Feb 24th)
23rd – Senior Alpine S&T Student Training Clinic, Loc: TBA
TBA – Senior Nordic Program Finals

March

1-2nd – Senior Program Finals, NW Region, Loc: Alpentel (EMM / Alp S&T)
TBA – Senior Program – Aid Room Management Module
11th – Region Board and Awards Mtgs

PNWD Directory Changes & Updates

The pink division administrative roster (2007-08) which was published and distributed in August needs changes and /or updates:

Page 3

Publications—Nor'Wester
Patt Kelly-Pollet
P.O. Box 30493
Spokane, WA 99223
260-417-3652
Patt.kelly.pollet@gmail.com

Page 14/15- Northwest Region

Gary Rehberg-Awards
4930 Coronado Lane
Bellingham, WA 98226
Cell: 425-770-6643
garyehberg@comcast.net

Mt. Travel and Rescue
Dick last name should be: Willy
Home: 205-772-1228

Page 17

Cascade Backcountry
S. Erik Hagstrom

23515 82nd Ave. S.E.
Woodinville, WA 98072
Home: 425-481-2196
Work: 425-369-2754
erikhagstrom@earthlink.net

Page 27– Paid Patrol Directors

North Cascade Heli Skiing
Jerry Laverty
P.O. Box 918
Winthrop, WA 98862
Home: 509-996-3299
poidog@mymethow.com

Oregon Region

Josie Elting, Oregon Region Director
imaginejosie@yahoo.com

The summer was filled with great warm weather, friends, family and a wonderful PNWD Convention in Portland put on by Mt Hood. Thanks Mt Hood for all your hard work. The Oregon Region also hosted a successful OEC Conference in Eugene on September 16th -- many thanks to the Oregon Region OEC Advisors, Janie SanRomani and Anne Greenwood for all their planning efforts.

Congratulations are in order to the Oregon Region 2006-2007 Outstanding Award Recipients:

Outstanding Instructor: Joseph Calbreath from Willamette Backcountry Ski Patrol

Outstanding Professional Patroller: Steve Walters from Mt Ashland

Outstanding Large Patrol: Santiam Pass Ski Patrol

Outstanding Alpine Patroller: Steve Northrop, Willamette Pass

Outstanding Auxiliary: Monica Hull, Willamette Pass

The Oregon Region began its preparation for the season with its Annual Meeting in Eugene at the Rescue Training Office on September 30th. Many thanks to Rescue Training, Cory Miner and Jenni Gay for providing everything

we need for a great place to meet.

The Fall Meeting was very productive. Patrol Director & Advisor reports were given, the budget and minutes were approved and the training/events calendar is ready for the website. My goal last year was to increase the number of instructors in our region. We held two Instructor Development classes and there is another class scheduled for Eugene on November 4th. This class is



designed as the first step in becoming an NSP instructor in any discipline. Anyone interested in taking this step to enhance your patrolling experience and to assist in the training of your patrol members or other patrols is encouraged to take this class. Pre registration is required. Please check the Oregon Region Website for the Board Advisors and Directors as well as the complete calendar of events and training opportunities. Our website can be found at www.nsp-orregion.org.

Laurie Coventry, Auxiliary Advisor will be visiting the patrols in the region this year to meet other Auxiliary Patrollers and to talk to them about the Senior Auxiliary Program. The Nor-dics again have a clinic planned for January, and preparations are being made for the EMM & S&T information meetings to inform and prepare senior candidates. The first meeting will be at Santiam Pass on December 8th and the second chance to make the same meeting in Eugene will be December 11th. The Oregon Region board has a lot of energy and great expectations for a wonderful season. We've done our planning and now there are rumors of snow!

Oregon Region Upcoming Important Dates

Nov 4th – Instructor Development Class – Eugene Oregon

Dec 8th – Senior EMM & S&T Information Meeting – at Hoodoo Ski Area

Dec 11th – Senior EMM & S&T Information Meeting - Eugene

See www.nsp-orregion.org for complete information

Think Snow & Play Safe!

Attention Patrol Directors/Unit Reps

Cardboard Splints

Still Available —Order Now

Contact Glen Dodge at dodger@ix.netcom.com

Inland Empire

By Chris Stern, Region Director
loghead@methownet.com (509) 996-2305

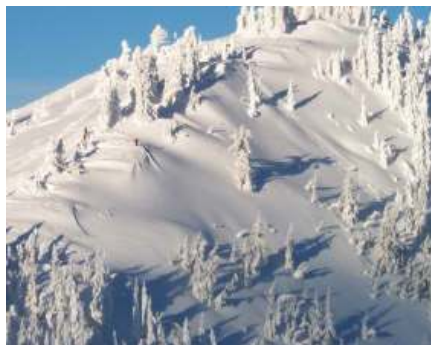
Winter appears to be knocking at our door here and many of the Regional's Patrols have either been busy planning this summer or are in full swing getting ready for the snow!

Both Mt Spokane and 49* North are planning to go to full time operations h seven days a week. Loup Loup Ski Bowl has a new Area Manager, one of its own Ski patrollers, Sharla Lynn. The Loup also hopes to have their new Patrol top shack enclosed before it snows.

Lookout Pass has put another chairlift in, and Mission Ridge has been busy working to perfect their new quad chairlift of last year.

We also have some new Advisors in the region. They are:

Kelli Piper of 49 Degrees North at Awards, Kelvin Throgmorton of 49



Wamder Peak at Silver Mountain

Degrees North at S&T, Phil Owens of Lookout Pass at Senior Coordinator. Together with the incumbent advisors and me, the new Regional Director, we look forward to requests from other Inland Empire Patrols for training opportunities. Already scheduled are January 12th & 13th at 49 Degrees North and February 2nd & 3rd at Lookout Mountain.

We kick off the Training season with S&T and OEC Calibration Clinics the weekend of January 5th and 6th, and round out the year with our Senior Evaluation at Silver Mountain March 1st and 2nd.

Looking forward to a great season!

Article Submission for the Next Edition of the Nor'Wester
Deadline February 01, 2008 * Contact: patt.kelly.pollet@gmail.com

New Look for Nor'Wester

By Patt Kelly-Pollet, Nor'Wester Editor/Publisher
Patt.kelly.pollet@gmail.com (260) 417-3652

Who knew how much fun one could have putting together a dynamic new communication vehicle that reaches out to over 2800 National Ski Patrollers?

I certainly didn't when I inquired about the requirements for the position. Dolores LaLiberte Division Director, assured me I had what it takes to do the job and here I am delivering the first of the "new" look and feel. I hope that you all enjoy it.

I could not have done it with out the help of a legion of people. On very short notice, Tanya Friedman of the Summit at Snoqualmie— Central Patrol did a great job of redesigning the mast head; Liz Dodge was a whiz at editing, historical information and continuity; Dolores moved a mountain to get documentation materials for the postal permit; Kim LaLiberte graciously provided previous layouts and advice and Deb Garcia gener-

ously shared her previous years of experience. Without these talented people and



the dedication of the directors, advisors and patrollers who provided content and information, there would be no Nor'Wester for you to get critical and

timely information about the Pacific Northwest Division.

Keep the Nor'wester in mind as you kick off what promises to be a great season.

Send photos as jpegs, keep notes on potential stories and messages you would like published in the next edition.

Additionally, don't forget to update your information on the National website, www.nsp.org. It is where we pull information to send the Nor'wester electronically (in color!) and via snail mail. As you can see, I am prejudiced towards the electronic method, as it saves the organization lots of dollars!

Feel free to contact me with suggestions for articles/information. We are a work in progress. Thanks to everyone for their contributions and assistance.

2006-2007 PNWD AWARDS

Congratulations to the following award recipients presented at the Convention

National Awards



**National Outstanding Auxiliary Patroller
Gold Merit Star**
Jody Tuttle Mt. Bachelor



**National Runner-Up Student Patroller
Silver Merit Star**
Phillip Dawson 49 Degrees North

**National Runner-Up Nordic Patroller
Silver Merit Star**
Richard Willy Cascade Backcountry

Unit Citation

Alpine Patrol (large)
Lookout Pass Inland Empire



Yellow Merit Stars

Nancy Espelin, Instructor
Tom Fellows, Alpine Patroller
Lee "Dick" Dunton, Professional Patroller
Janie San Romani, Patrol Representative

DIVISION AWARDS

Outstanding Alpine Patroller
Steve Ferkovich Crystal Mountain

Outstanding Nordic Patroller
Frank Rossi Summit East

Outstanding Auxiliary Patroller
Dan Stockinger Crystal Mountain

Outstanding OEC Instructor
Liz Dodge Summit at Snoqualmie-Central

Outstanding Instructor
Joseph Calbreath Willamette Backcountry

Outstanding Student Patroller
Julian Nardo 49 Degrees North

Outstanding Patrol Representative
Walt Lankait Summit East

Outstanding Professional Patroller
Steve Walters Mt. Ashland

Outstanding Administrative Patroller
Michael Graves Summit at Snoqualmie-Central

Outstanding Large Alpine Patrol
Santiam Pass Oregon Region

DD's Outstanding Administrator
Frank Rossi

DD's Distinguished Service Award
Eric Geisler

60 Year Service Award

Don Countryman Bogus Basin
Harold Heacock U.S. Admin Ski Patrol/
White Pass

50 Year Service Award

Steve Ferkovich Crystal Mountain
Robert Larsen Summit East
Dave Nelson Mt. Hood



National Appointments

Tom Stewart	#10508	Payette Lakes
Gary Clawson	#10510	Bogus Basin
Thomas Miner	#10582	Summit Central
Michael Graves	#10584	Summit Central
Timothy Heffron	#10586	Summit Central
Richard Willy	#10588	Cascade BC
Aric Johnson	#10594	Anthony Lakes
Leisa Garrett	#10600	Summit East
Jay Magruder	#10602	Summit East

Distinguished Service Award (DSA)

Phil Edholm, Lookout Pass
Caroline Resnik, Crystal Mountain
Bruce Rustad, Mt Baker
Mike Metcalf, M.D., Mt. Spokane
Sue Baker, 49 Degrees North



Purple Merit Star

Successful Lifesaving
Robert Walters, Mt. Ashland
Tom Miner, Summit at Snoqualmie-Central



Yellow Merit Star

Outstanding Service
Brenda Steinbach, Silver Mountain
Bill Bernhardt, Mission Ridge
Dan Hensley, Mt. Spokane
Michael Flakus, Crystal Mountain
Carol Schultz, 49 Degrees North
Doug Elledge, 49 Degrees North

Yellow Merit Star

Outstanding Leadership
Rick Lipke, Mt. Baker



Patroller's Cross

Sally Bankson, Summit East
Kelli Piper, 49 Degrees North
Suzette Krebs, 49 Degrees North
Greg Smith, 49 Degrees North

PNWD Certificate of Appreciation

Kimberly LaLiberte

Presentations were made to the following patrollers:

Sue Baker,
Retiring Inland Empire Region Director
Barb Dixon, Retiring Division Director



PNWD Bedpan Award

Phillip Dawson, 49Degrees North, Inland Empire "Triple Threat"

Mt Hood Region and '07 Convention Wrap Up

By Rod Legg, Regional Director
rlegg@us.ibm.com (503) 578-2380

The Mt. Hood Region is looking forward to another good ski year. Timberline and Mt. Hood Meadows ski areas have already had a light of dusting of snow. Chair evac refreshers have taken place on September 15 and 23. An OEC refresher took place September 30 and additional sessions are scheduled for October 20 and 28 in Portland. A women's toboggan clinic is scheduled for January 5 & 6, 2008 tentatively at Timberline. Senior EMM and S&T are scheduled for March 8 & 9, 2008 with the Oregon Region at Willamette Pass. Further details are in the "Sno Job" monthly newsletter and the MHSP calendar which can be accessed from the Mount Hood Ski Patrol web site.

In August of 2007 the Mt. Hood Region convention committee hosted the Pacific Northwest Division annual meeting at the

THANK-YOU TO OUR CONTRIBUTORS!! PNWD 2007 - SKI PATROL CONVENTION

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Pacific Northwest Division Ski Patrol *Mt Hood Ski Patrol* *Cooper Spur* *National Ski Patrol*

MT HOOD SKI PATROL PNWD CONVENTION PO Box 4384, Portland, OR 97208-4384 <http://nsp-pnwd.org/convention.html>

Airport Embassy Suites in Portland. Special thanks to the following committee members who were instrumental to the success of the conference:

Lori Bennett / Hospitality Suite & Catering, Corinna Kupelwieser & Kathy Lee / Raffle/Silent Auction, Debbie Norvell/Activities, Jerry Knowlton/Golf tournament, Reba Sharp/Finance & Registration, and Jodie Jeffers/Program.

Over 100 patrollers attended the Friday night dinner in which Mt Hood Ski patrol member Buzz Bowman gave a talk about ski patrolling in the early days. Over 150 Pacific Northwest Division members attended the Saturday night banquet.

The contributions of the above sponsors are sincerely appreciated in addition to speakers who presented at the general sessions and the instructors who taught during the breakout sessions.

As we close the books on the '07 meeting, lessons learned have been collected and forwarded to the '08 committee to help assure the continued success of the PNWD annual conference.



Load N Go !

Attendees at the Mt Hood hosted Convention '07 got hands-on experience in prepping a patient for a quick heli trip to the hospital.

Photo courtesy Rod Legg



Education Focus for S & T

By Brian Merryman, S&T Advisor
bmerryman@msn.com (360) 446-7838

There are a couple of educational programs you should consider this season when thinking about your personal agenda for self improvement as a patroller. Below is formation about a couple of my favorites.

Senior Program

This is a national educational program of the NSP. It is designed to better your skills in a wide variety of patrolling tasks. I encourage each you to step up and challenge yourself in the Senior Program and give serious consideration to participating this season. It is lots of fun. Your efforts will be rewarded in skill enhancement. Your participation will provide opportunities for you to meet other patrollers, and you will get exposure to other patrol's ways of doing things. If you have the itch to grow as a patroller, give this opportunity a serious look. Questions on program details and information on how to get enrolled can be obtained from your local patrol training staff or contact regional staff. If all else fails, get a hold of Tom Fellows. Tom is the Division Senior Program Advisor and he can be reached at 541.566.2268 or at fellows@bmi.net.

Women Focus Group Toboggan Enhancement Seminars

The Division is planning again this sea-

son to provide a series of Women's Toboggan Enhancement Seminars (also called TES sessions). TES Sessions are national educational programs and successful participation may qualify as an elective credit for your senior program requirements.

Confirmed Dates and locations for the Women's TES sessions during the upcoming season are:

December 08/ 49 Degrees North, WA

January 5 / Mt Hood, OR

January 26 / Soldier Mountain, ID

February 16 / Summit East, Snoqualmie Pass, WA

TES classes are designed to improve your toboggan handling skills in a day long, fun and rewarding program taught by quality NSP certified toboggan instructors. If you are interested in participating in one of these class sessions as a student, please contact me via email at bmerryman@msn.com or call at (253)381-0506. If you are female and also a NSP certified toboggan instructor, please contact me to see if you can assist in staffing this worthwhile program. In addition to the Women's Toboggan Clinics described above, many other general attendance TES sessions will be held throughout the division during the upcoming season. If you are interested in attending one of

those keep reading

How to be sure you get the latest info

Lots of sources are available for information on class types, dates, and locations. Look to your patrol trainers for information and visit your region web site calendar. You can also visit the division web site at www.nsp-pnwd.org and look for the link to the division calendar. All registered national training program classes may be found on the national web site as well. To access the national site go to www.nsp.org

While you are visiting the National web site, be sure to update your patroller profile. If you have your current email address on file you will receive periodic announcements of training opportunities and other communication via broadcast emails. If you change your web address during the season, just revisit the NSP site and update again. It's simple and it's quick.

As always, if you have questions or comments regarding Outdoor Emergency Transportation (OET) or the S&T programs in our division please feel free to call or email. I look forward to hearing from you.

Have a great season!

Changes to Awards Policies

By Anne Greenwood, Awards Advisor
anne@green-woods.com (503) 399-3518

Chapter 10(Awards Chapter) of the Policy & Procedures Manual has been revised. The approved new chapter, including revised forms, should be available online from the NSP website soon (hopefully in Oct. 2007). Some of the revisions/ changes/additions include:

The *Warren Bowman Outstanding OEC Instructor* Award, national level Outstanding Award.

A new recognition award, *National Ski Patrol Memorial*. The intent of this award is that it be given to the family of any member of the National Ski patrol who has lost his/her life in the line of ski patrol duties.

Outstanding Young Adult Award, formerly known as the Outstanding

Student Patroller Award. The age for the award has changed: 15-19 years of age.

The forms: require use of **9pt. or larger**; the **margins can not be changed**; **signature lines** have been updated; **ONLY the last 4 years** of information may be used. Letters of Recommendation (LOR) **must be signed**.

If someone wins at the National Level of "Outstanding" competition, they can not be submitted for any "Outstanding" award until the following **5th year**. The PNWD will follow the same criteria.

Purple/Blue Merit Stars & physician statements: Now, the wording includes "**or any higher medical**

authority".

A minimum of **45days** to process an award **upon receipt at the national office**.

Deadlines to your division awards advisor (Anne Greenwood):

45 days (minimum for processing UPON RECEIPT AT THE NATIONAL OFFICE. Merit Stars; Meritorious Service Awards; Distinguished Service Awards and National Appointments.

June 27th, 2008: Nominations for the 2007-2008 season Outstanding Division, Patrol and Patroller Awards need to be to the PNWD Awards Advisor, Anne Greenwood.

How to Save a Life

By Tom Miner

Summit at Snoqualmie Central Ski Patrol

Returning home from work, about 2 miles from home, I was stopped for a greater than normal traffic backup. I could see white PVC pipe in the intersection ahead and assumed that there was some sort of accident causing the backup. I was in somewhat of a hurry so I decided to go around the backup and take a different route to my house.

As I drove around the traffic I saw a pickup parked on the side of the road, a bunch of white PVC pipe lying next to the truck, several people standing next to the truck and then I observed a man lying face down in the ditch on top of the pipe. I was not sure what had happened, it did not appear to be an accident but some sort of medical emergency. I pulled over to the side of the road and got out. One of the women standing near the pickup yelled at me, "do you know CPR, this man is having a heart attack." I said "yes", quickly checked my vehicle for the face mask that I knew was not there, and then ran across the street to see what I could do.

The victim was lying face down, he was heavy set, not moving. The lady who asked if I knew CPR was on the phone; I heard her telling the 911 operator our location which was only two blocks from the fire station.

As I approached the victim, a Peninsula Light truck pulled up and the driver, Ken Wickstrom got out. I asked him if he knew CPR and he said he did. Ken and I rolled the victim over and he was blue

without breath or pulse. I told Ken I would do chest compressions and he positioned himself to give breaths. With the victim still in the ditch we did three or four cycles of 30 compressions and 2 breaths before the paramedics arrived. We then assisted the paramedics in moving the victim onto a backboard and then onto the gurney and into the aid car. The paramedic from Gig Harbor Fire department had just been certified on a new procedure. He inserted a device directly into the victims leg bone just below the knee and gave meds through that device. They hooked him up to the AED and gave a shock. Just before leaving for the hospital the paramedic came and told us that there was a pulse and that our CPR had kept him alive and viable.

I really did not give the victim much of a chance for survival, but felt pretty good about what we had done. I was pleasantly surprised to find out several days later that he was still alive but in critical condition. I figured that was the last bit of information I would be able to obtain due to HIPPA laws. Imagine my surprise when I received a call a month later asking me if I wanted to meet the victim so he could thank me and the others involved for saving his life!

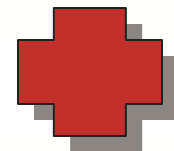
The victim was in a coma for 9 days and was on life support. The doctors had advised the family that there was little hope of his recovery and so they moved him into hospice where they removed him from life support. He opened his eyes to the surprise of everyone and was

out and nearly fully recovered in less than three weeks. When I met the victim a month later he was enjoying his second chance at life and looked healthy and vibrant. What a wonderful feeling to know that

"What a wonderful feeling to know the basic training we get through Ski Patrol was so simple to implement and had such a dramatic and immediate positive result for one very fortunate man."

the basic training we get through ski patrol was so simple to implement and had such a dramatic and immediate positive result for one very fortunate man.

The entire EMS system worked for this man on this day. There was someone who quickly stopped, recognized the situation, called for help not once but continuously. She did not stop asking other drivers if they knew CPR until she found me and Ken and then she activated the 911 system. There were two people who were willing and trained to do CPR, the fire department medics were well trained, well equipped, prompt and efficient in delivering advanced medical care. The emergency room personnel did their job and then the victim's will to live did the rest.



Life Saver Honored with Purple Merit Star

By Liz Dodge

It was with great pleasure that I was recently able to present a Purple Merit star to Tom Miner of the Summit at Snoqualmie – Central Patrol for his effort resulting in a life saved this past spring.

Tom was also recognized by the Governor's Industrial Safety and Health Advisory Board with a Lifesaving Award.

American Heart Association's "Heartsaver" Award was also presented to Tom and others who stopped and rendered aid that fateful day. "Getting to meet Ken and his family, seeing him alert, aware and standing tall was the best reward I have ever received." reported Miner.



2008 Convention News

By Ken Hoffmann, Convention Chair
kenhoffmann@comcast.net

As the current convention chairperson, I am glad to have been asked by the PNWD Director, Dolores La Liberate, to provide the PNWD 2008 convention information to you. An excellent crew from around the Inland Empire Region will host the event next summer. The convention is scheduled from August 8-10th, 2008 in Spokane Valley, Washington at the Mirabeau Park Hotel & Convention Center.

Enclosed in this Nor'wester is the current and corrected early pre-registration form. Our convention committee will have the full registration form including hotel information, available as soon as we finalize some events and associated costs. The current registration fee is \$40, which is a deal considering the awesome educa-

tional programs available, keynote speaker presentation, freebies, and the opportunity to meet your other NW patrollers in the free hospitality room.

Our theme for the convention is "Mountain Vision", which represents the need for us to focus on the future of patrolling, mountain expansion, and the continued strength of the PNWD. The snowboarder image symbolizes future and youth. It is a visionary look into the ski industry and the ski patrol as the millennium generation progresses and snowboarding becomes the norm.

Mark your calendar now for next August, because we are going to have an awesome, innovative division meeting & convention.



2008 PNWD Convention
PLEASE USE THE CORRECTED FORM
ON PAGE 18 ONLY!



Instructor Development

By Bernie Goddard, Inst. Development Advisor
bhgoddard@aol.com (206) 947-2644

It is an admirable and challenging journey to become an NSP Instructor. We are proud of the patrollers who have stepped up to the challenge.

The first step is to take an Instructor Development course followed by the submission of an Instructor Application to the Region Administrator.

To make the process easier, the RA assigns you a mentor to guide you through all aspects of the training.

If you are in training to become an NSP instructor and are not having regular contact with your mentor, this will slow down your training.

Mentors need to communicate with their mentees on a regular basis.

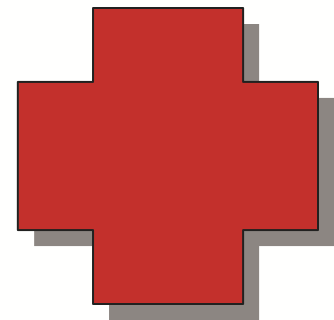
If you don't know who the Region Administrator assigned to be your mentor for the discipline for which you are training to become an instructor., contact the RA at once.

Patrol Directors need to stay in the loop and insure that their patrols mentees are being advanced through the system.

This process includes OEC, Alpine and Nordic S&T, Avalanche, MTR and Instructor Development programs.

NSP's mission is to provide education and training in leadership, outdoor emergency care, safety and transportation services which enables its members to serve the community in the safe enjoyment of outdoor recreation.

If there is an issue or you have questions on the mentoring program or process contact Bernie Goddard, the PNWD Instructor Development Advisor.





2008 PNWD Convention

Inland Empire Region

August 8th - 10th

Spokane Valley, Washington

Early Registration Form



Checks payable to: **PNWD 2008 Convention**

Proposed activities

I am interested in the following extra activities:

Kelli Piper
 3327 W. Indian Trail Rd.
 PMB #123
 Spokane, WA 99208

- Golf Tournament
- Wine Tasting
- Coeur D'Alene Lake cruise
- Biking Riverside State Park/Centennial Trail
- Hiking in Mt. Spokane State Park
- Spokane River Rafting

Name: _____
 Spouse or Friend: _____
 Address: _____
 City, St, Zip: _____
 E-Mail: _____
 Patrol: _____
 Phone Eve: _____
 Phone Day or Cell: _____

Other suggested activities:

Early Registration	(8/10/07 - 8/12/07)	\$30 per person
Registration:	(8/13/07 - 7/15/08)	\$40 per person
Late Registration:	(7/16/08 - 8/08/08)	\$55 per person



Number Attending _____ Total Amount \$ _____

****Attendees may pay by check or credit card****

Credit Card transactions by phone or by mail.

Type: MC VISA Acct # _____ 3 digit Security Code # _____ Exp Date _____

Card Holder Name (Print): _____ Signature: _____

Additional information will be mailed once the agenda and schedule are confirmed. Questions, please contact Ken Hoffmann at (509)465-0242 kenhoffmann@comcast.net or Kelli Piper at piper@gonzaga.edu

OEC Preps for Success this Season

By Carol Fountain, OEC Advisor
cfountain@hotmail.com (208) 345-6934

Fall is a time for gathering and making ready for the winter. For OEC instructors this means staying busy preparing patrollers for the season through OEC courses, refreshers, assisting their Patrol Directors with OEC delinquency roster issues, and submitting their own instructor recertification documents. Please take a minute and thank your OEC instructors for the time and effort they give to assist you in maintaining your OEC certification.

Some things to remember:

Course paperwork (Full/Challenge/Refresher) - All course completion records and any course fees are due within two weeks of the course completion. These are sent to the region, division, and national office. Keep up good work.

Division OEC course fee -

There seems to be some confusion on this. For Full and Challenge OEC courses the PNW Division has a \$10 per student enrolled course fee. This money needs to be collected and submitted to the Division OEC Super-



Hands on Learning at Summit at Snoqualmie OEC Refresher. Photo courtesy Ann Werner

visor within two weeks of the completion of a course. Make sure to include your course number on the memo line of your check.

If you have outstanding course records or fees, get them turned in right away. Please don't wait for a past due notice. Instructor recertification – the 2007 process is fully underway. Instructors whose instructor certification is due to expire 12/1/2007 need to get their teaching activity records submitted to their Region administrator right away. Deadline for submittal is

October 20th. If you have not yet submitted yours, do it now.

OEC Delinquency Roster

There are still quite a few members listed on the delinquency roster. These are individuals who have missed a refresher, not taken a course, or for which there is a paperwork submittal issue. All patrol directors/unit representatives have the roster for their patrol, and need to be working to resolve the issue for each member listed.

I'd like to Thank you instructors who are submitting complete, accurate, and legible records in a timely basis. This really helps at all levels of the organization.

I'm looking forward to a great season and assisting you with your OEC Program and Senior EMM program needs.

If you have any questions, comments, or concerns, please contact me at cfountain1@hotmail.com or 208-345-6934.

Heart Attack Prevention Study

By Jayne Williamson, Retired Patroller
Summit at Snoqualmie Central; Ski Patrol

My name is Jayne Williamson. I am a retired patroller from Snoqualmie Summit Central Ski Patrol. I am working with a Cardiology Research Group several mornings a week at the University of Washington. We are conducting an NIH (National Institutes of Health) funded study to determine if lowering bad cholesterol (LDL) and raising good cholesterol (HDL) will decrease the chances of having a heart attack or stroke.

We have sites across the country. Our group covers Seattle, Yakima and Boise. If these sites do not work for you, we would be happy to assist you

in finding a site that is closer.

We are looking for individuals over the age of 45 who have had a problem such as a heart attack or stroke or stents or leg pain related to poor blood circulation and who have high cholesterol.

All participants will receive free FDA approved cholesterol lowering medication known as Zocor. Half of the participants will also be given a FDA approved drug called Niaspan that raised the good chole-

sterol. All study participants will receive free dietary counseling (this is where I fit in) and follow up visits.



If you think you or a family member or friend qualifies for this study, please contact us. We can be reached in Seattle at (206) 616.4907 or toll free at 1.866.866.0175 or by e-mail at aim-high@u.washington.edu

More details of the study can be found at <http://clinicaltrials.gov/ct/show/NCT00120289>



www.nsp.org
www.nsp-pnwd.org

The National Ski Patrol (NSP) is a Federally Chartered nonprofit membership association dedicated to serving the public and the mountain recreation industry by providing education services about emergency care and safety.

NSP also reaches members through nationally funded education materials and programs, division newsletters, and local clinics. Through its divisions, NSP conducts training events to supplement training provided by the ski areas. This cooperative effort ensures that members are serving the needs of area management while staying in tune with a nationally standardized system.

Vision Statement: The Pacific Northwest Division is the foremost ski patroller association comprised of volunteer and paid patrollers in the host ski areas, dedicated to maintaining performance standards in the ski patrol environment. The main purpose of the ski patroller is to deliver up-dated first aid and rescue services to the skiing and outdoor-recreation public. The Pacific Northwest Division is an integral part of the National Ski Patrol Systems, Inc.

THE NOR'WESTER
PACIFIC NORTHWEST DIVISION, NATIONAL SKI PATROL

Patt Kelly-Pollet, Editor/Publisher
PO Box 30493
Spokane, WA 99223

E-mail: patt.kelly.pollet@gmail.com



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